


Dear Camper,  
Welcome to our 29th year of swimming camps at the University of Kansas. I invite you to join us for a memorable week of swimming. Our knowledgeable staff and KU student-athletes will make this a challenging and fun week. Don't miss it!

Clark Campbell



University of Kansas  
Head Swimming Coach



The 2019 Jayhawk Swim Camp will be directed by University of Kansas head swimming coach **Clark Campbell** and KU assistant swim coach **Jen Betz**. Current and former swimmers, as well as other guest coaches, will also provide instruction.

## MISSION

*Our goal is to provide a safe and creative learning environment for all athletes. New swimming experiences, friendships and a high level of instruction will make this camp an unforgettable experience for everyone.*

**GET A JUMP ON THE SUMMER SEASON!**



**JAYHAWK SWIM CAMP**  
Attention: Jen Betz  
1651 Naismith Drive  
Lawrence, KS 66045

# 2019

# JAYHAWK SWIM CAMP



**MONDAY, MAY 27 - FRIDAY, MAY 31**

**Day Camp:**

Boys & Girls – Ages 9-18  
\$ 555

**Overnight Camp:**

Boys & Girls – Ages 9-18  
\$655

## CAMP STAFF

### CLARK CAMPBELL



Now in his 17th season with the Jayhawks, head coach Clark Campbell has created a winning tradition and strong culture within the swimming and diving program.

During the 2017-18 season, Campbell directed the Jayhawks to eight first-place finishes in dual meets and a third-place showing at the 2018 Big 12 Swimming & Diving Championship with a total of 613 points.

Campbell led student-athletes to multiple career-bests including two KU school records. In addition, Campbell earned a spot as the President-Elect of the College Swimming Coaches Association of America (CSCAA).

Before his coaching career, Campbell competed as a self-coached professional triathlete for seven years. After turning professional at the age of 19, he became one of the most consistent top-10 finishers on the pro circuit. He was the 1986 National Long Course Champion and the 1990 runner-up at the United States Triathlon Series National Championship.

### JEN BETZ



Betz was a seven-time scorer at the Big 12 Championships during her tenure as an athlete at KU from 1996-2000. Betz returned to KU in 2003 to take the position of assistant coach and head recruiting coordinator under Campbell. She was a student assistant under former KU head coach Cathy Burgess during the 2000-01 season. Betz graduated from KU in 2001 with a general studies degree in communications.

In her 16th year of assisting Campbell with coaching duties, Betz is also in charge of recruiting potential student-athletes and directs swim camps hosted by Kansas Swimming in the summer.

## DAILY SCHEDULE

7:15 a.m.	Wake up and breakfast
9 a.m.	Stroke talk
9:40 a.m.	In-water session
Noon	Lunch
1 p.m.	Rest and relax
3 p.m.	Performance talk
3:45 p.m.	Dryland training
4 p.m.	In-water session
5:30 p.m.	Dinner
7:15 p.m.	In-water session
10 p.m.	Lights out

## FEATURES

- Professional instruction and coaching
- Three water sessions per day focusing on technique, training and skills (starts and turns)
- Dryland and educational lectures daily
- 10:1 camper to counselor ratio
- Camp t-shirt and cap
- Camp swim meet on Friday, May 31 (9:45 a.m.)
- Optional personal video analysis (details on website)



## QUESTIONS?

For all questions concerning Jayhawk Swim Camps, please contact Jen Betz at **785-331-6741** or via email at [jenbetz@ku.edu](mailto:jenbetz@ku.edu)



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[WWW.KUATHLETICS.COM](http://WWW.KUATHLETICS.COM)

## 2019 JAYHAWK SWIM CAMP

Camper Name \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone \_\_\_\_\_ M / F \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age \_\_\_\_\_

Roommate Request (optional) \_\_\_\_\_

Email Address \_\_\_\_\_

100-yd Freestyle Time: \_\_\_\_\_

Shirt Size (Circle One): S M L XL

Male / Female Youth / Adult (Please Circle)

*\*Make check payable to:  
Jayhawk Swim Camp*

*\*Send payment to:  
1651 Naismith Drive  
Lawrence, KS 66045  
ATTN: Jen Betz*

## REGISTER ONLINE

Camper's can also register online at:  
[KANSASSWIMCAMP.COM](http://KANSASSWIMCAMP.COM)

## CAMP DETAILS

**Location:** University of Kansas  
**Date:** Monday, May 27 - Friday, May 31  
**Check In:** 3-5 p.m., May 27 at Naismith Hall  
**Check Out:** 11:00 a.m., May 31 at Naismith Hall  
**Facilities:** Robinson Natatorium  
(2 pools: 8 lanes x 25 m, 6 lanes x 25 yards, dive well)

**Ability Level:** Beginner (must have knowledge of all four competitive strokes and ability to swim 100 yards without stopping) to advanced swimmers. This camp is designed for competitive swimmers.

**Housing:** Campers will stay at Naismith Hall and will have 24-hour supervision by camp staff. Meals will be provided at Naismith Hall.

**Ages:** Open to any and all ages nine years old through high school seniors, including 2019 graduates.

**Tuition:** \$655 (Overnight)  
\$555 (Day)  
\$455 (Water Sessions Only)