Dear Camper,

Welcome to our 30th year of swimming camps at the University of Kansas. I invite you to join us for a memorable week of swimming. Our knowledgeable staff and KU student-athletes will make this a challenging and fun week. Don't miss it!

Clark Campbell

University of Kansas Head Swimming Coach





The 2020 Jayhawk Swim Camp will be directed by University of Kansas head swimming coach Clark Campbell and KU assistant swim coach Jen Betz. Current and former swimmers, as well as other guest coaches, will also provide instruction.

#### **MISSION**

Our goal is to provide a safe and creative learning environment for all athletes. New swimming experiences, friendships and a high level of instruction will make this camp an unforgettable experience for everyone.

**GET A JUMP ON THE SUMMER SEASON!** 



Lawrence, KS 66045 1651 Naismith Drive Attention: Jen Betz JAYHAWK SWIM CAMP

## 2020

# **JAYHAWK SWIM CAMP**



### **MONDAY, MAY 25 - FRIDAY, MAY 29**

Day Camp:

Boys & Girls - Ages 9-18

\$ 555

**Overnight Camp:** 

Boys & Girls - Ages 9-18 \$655

#### **CAMP STAFF**

#### **CLARK CAMPBELL**



Now in his 18th season with the Jayhawks, head coach Clark Campbell has created a winning tradition and strong culture within the swimming and diving program.

During the 2018-19 season, Campbell directed the Jayhawks to eight first-place finishes in dual meets and a second-place finish at the 2019 Big 12 Swimming & Diving Championship with a program record of 754.50 points.

Campbell led student-athletes to multiple career-bests including five KU school records. In addition, Campbell earned a spot as the President-Elect of the College Swimming Coaches Association of America (CSCAA).

Before his coaching career, Campbell competed as a self-coached professional triathlete for seven years. After turning professional at the age of 19, he became one of the most consistent top-10 finishers on the pro circuit. He was the 1986 National Long Course Champion and the 1990 runner-up at the United States Triathlon Series National Championship.

#### **JEN BETZ**



Betz was a seven-time scorer at the Big 12 Championships during her tenure as an athlete at KU from 1996-2000. Betz returned to KU in 2003 to take the position of assistant coach and head recruiting coordinator under Campbell. She was a student assistant under former KU head coach Cathy Burgess during the 2000-01 season. Betz graduated from KU in 2001 with a general studies degree in communications.

In her 17th year of assisting Campbell with coaching duties, Betz is also in charge of recruiting potential student-

athletes and directs swim camps hosted by Kansas Swimming in the summer.

#### **DAILY SCHEDULE**

7:15 a.m. Wake up and breakfast

9 a.m. Stroke talk 9:40 a.m. In-water session

Noon Lunch

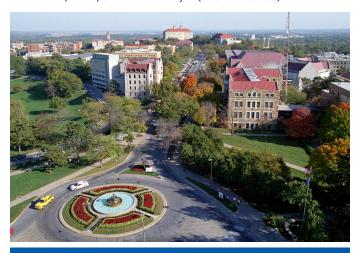
1 p.m.Rest and relax3 p.m.Performance talk3:45 p.m.Dryland training4 p.m.In-water session

5:30 p.m. Dinner

7:15 p.m. In-water session 10 p.m. Lights out

#### **FEATURES**

- Professional instruction and coaching
- Three water sessions per day focusing on technique, training and skills (starts and turns)
- Dryland and educational lectures daily
- 10:1 camper to counselor ratio
- Camp t-shirt and cap
- Camp swim meet on Friday, May 29 (9:45 a.m.)
- Optional personal video analysis (details on website)



#### **QUESTIONS?**

For all questions concerning Jayhawk Swim Camps, please contact Jen Betz at 785-331-6741 or via email at ienbetz@ku.edu







#### **2020 JAYHAWK SWIM CAMP**

Camper Name							
Mailing Address							
City			State	Zip (	p Code		
Phone				M/F	 Date	e of Birth Age	
Roommate Request	(op	tional)					ck payable to Swim Camp
Email Address  100-yd Freestyle Time:					1651 Naismith Drive Lawrence, KS 66045 ATTN: Jen Betz		
Shirt Size (Circle On			М	L	XL		
М	Male / Female				Youth / Adult		ease Circle)

#### **REGISTER ONLINE**

Campers can also register online at:

KANSASSWIMCAMP.COM

#### **CAMP DETAILS**

**Location:** University of Kansas

 Date:
 Monday, May 25 - Friday, May 29

 Check In:
 3-5 p.m., May 27 at Naismith Hall

 Check Out:
 11:00 a.m., May 31 at Naismith Hall

Facilities: Robinson Natatorium

(2 pools: 8 lanes x 25 m, 6 lanes x 25 yards, dive well)

**Ability Level:** Beginner (must have knowledge of all four competitive strokes and

ability to swim 100 yards without stopping) to advanced swimmers.

This camp is designed for competitive swimmers.

**Housing:** Campers will stay at Naismith Hall and will have 24-hour

supervision by camp staff. Meals will be provided at Naismith Hall.

Ages: The NCAA stipulates that the camp or clinic is open to any and all

entrants (limited only by number, age, grade/or gender).

Discount:

Tuition: \$655 (Overnight)

\$555 (Dav)

\$455 (Water Sessions Only)

\$10 sibling discount per child if there are 2 or more siblings attending the camp.

**WWW.KUATHLETICS.COM**